

SURVIVE AND PROSPER ACTION GUIDE

Vision: Our vision is to provide a weekly, step-by-step guide to help people prepare before a given threat becomes a reality. We encourage you to print and keep a collection of these weekly guides and website information. We also suggest you keep your collection in a notebook in case there is a loss of the internet and power at the very time you need these guides.

We believe as you consider these guidelines and prepare, you will gain the knowledge and skills to adapt to the anticipated threats. These guides may not address every contingency but, being prepared for threats and disasters in general helps individuals gain the peace of mind that they have done what they can do to enhance their chances for safety, survival, and the well-being of their communities. This resource and comprehensive approach fosters resilience and prosperity in challenging times when many others may be caught off guard.

Examples of the Primary Issues of the Free Action Guide:

- Power Grid Failure
- Economic Downturns
- Harsh Climate Changes
- Supply Issues
- Financial issues
- Pandemics
- Infrastructure Problems
- Internet Failure



SELF-SUFFICIENCY AND SUSTAINABLE LIVING

Topic One

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Key Concepts: Understanding how to grow your own food, raise livestock, and manage resources.

Practical Tips: Start a vegetable garden in whatever space you have, be it a windowsill or greenhouse. Buy a basic gardening book or print gardening instructions while you can.

Learn permaculture principles and explore renewable energy sources like solar panels. Buy a basic generator to keep a refrigerator and stove operational during a power outage.

It's a good idea to have solar cell phone chargers, short wave radios and walkie talkies on hand. These are all easily found online and for less than \$100 you can equip your family to communicate easily.

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ESSENTIAL SURVIVAL SKILLS

Topic Two

Key Concepts: Maintaining basic survival items and skills such as emergency shelters, proper clothing, buildings, redundant sources of fire and foraging. Primary needs are water, food, medical supplies, prescription medicines and back up reserves of necessary items in case the trucking industry is interrupted.

Practical Tips: Take wilderness survival courses and courses that teach you to be situationally aware, practice outdoor skills, and create a survival kit with tools like a multi-tool, first aid supplies, and water purification methods. The Red Cross or <u>Crisis Response International.com</u> offer such courses and resources.

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ESSENTIAL SURVIVAL SKILLS

Topic Two

Finding a Good Job or Start an Online Business

Key Concepts: Securing stable employment or creating opportunities that align with survival skills and community needs.

Practical Tips: Identify in-demand skills within your community, consider remote work or freelancing, and network through local job fairs and online platforms to find suitable job opportunities. Get certified for elder and childcare or pet and livestock care. Sell home grown food, offer sewing or handyman services. Be creative with your passions and skills and make them marketable in times of a worldwide threat.

Affiliate platforms like <u>www.versamarketing.com</u> can help you develop a small business to off set income issues and grow income.

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COMMUNITY BUILDING AND NETWORKING

Topic Three

Key Concepts: The importance of forming strong relationships with neighbors and like-minded individuals for mutual support.

Practical Tips: Organize community meetings, create local resource-sharing and trading groups, and establish communication plans for emergencies.

Social Connection and Support

Key Concepts: Build and maintain social ties that can provide emotional and practical support during crises. Friends, family, church members, special interest groups and first responders are key to thriving in difficult times.

Practical Tips: Foster friendships through regular gatherings, participate in local clubs or groups, and use social media platforms to connect with others who share similar survival interests.

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COMMUNITY BUILDING AND NETWORKING

Topic Three

Mental and Emotional Resilience

Key Concepts: Developing a strong mindset to cope with stress, uncertainty, and challenges.

Practical Tips: Practice mindfulness, engage in physical fitness, quality food and supplements. Develop coping strategies through journaling, counseling, meditation, and prayer.

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PREPARATION FOR DISASTERS

Topic Four

Key Concepts: Being proactive in planning for natural disasters, pandemics, or societal disruptions.

Practical Tips: Create an emergency plan for your family, establish a disaster supply kit with food, water, and first aid, and stay informed about local risks and evacuation routes.

Financial Preparedness and Resource Management

Key Concepts: Creating a financial safety net and managing resources wisely.

Practical Tips: Diversify investments, stockpile essential supplies, save money, invest in gold and silver if possible and learn bartering skills for trading goods and services.

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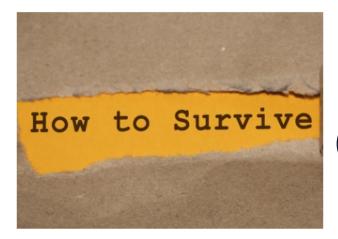
HEALTH AND MEDICAL KNOWLEDGE

Topic Five

Key Concepts: Purchase or download and print books on basic medical care and how to maintain good health without modern conveniences.

Practical Tips: Take first aid and CPR courses, learn about herbal medicine, and stock up on essential medications and supplies.

Notes			



ADAPTABILITY AND CONTINUOUS LEARNING

Topic Five

Key Concepts: Staying flexible and open to new ideas and methods for survival and prosperity.

Practical Tips: Read extensively, attend workshops, and stay informed about global events and technological advancements that could impact survival strategies.

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TOPIC 7: PEACE & SPIRITUAL LIVING

Peace could be very elusive during a worldwide threat because of the stress any individual threat would create in one's life. Let alone if these threats appear in clusters or simultaneously, as often is the case. Dealing with stress is very important during times of personal relationship problems, financial, health, and survival issues. Successful stress management and remaining clear headed could make the difference in your survival.

More than stress management, maintaining your peace during a disaster could prove to be more valuable than the gold you stored to barter with. Having peace can help your family, friends, and all of those around you that are in a critical situation to survive in an abundant way.

Peace is directly associated with spirituality. If you have not considered spirituality, now would be the time to develop it while we are in a relatively peaceful time. Seeking a Higher Power for peace makes sense when so many things will be out of your control during a worldwide threat.

Believing Jews look to the God of Abraham, Isaac, and Jacob to bring them peace. Prophecies of the Messiah help the Jews focus on God as their victor and keeper. For Jews, their bible predicts the coming of the Messiah who will protect them and establish his forever kingdom.



TOPIC 7: PEACE & SPIRITUAL LIVING

Those who know the Jesus of the Christian Bible will deal with stress completely differently than those who do not. There are several reasons for that. First, the bible is full of prophecies foretelling the birth and mission of Jesus to make peace between God and mankind in addition to his return to set up a kingdom of His peace. Jesus came and fulfilled the prophecies of his birth, death, and resurrection. Christians have a great deal of evidence that he will keep his promise to return and ultimately establish worldwide peace. The well-known Christmas prophecy hundreds of years before his birth in Isaiah 9:6 identified Jesus as the Prince of Peace. He offers that peace to you today if you but ask (John 14:27).

Prophecies are comforting and stress reducing because they come from a loving Higher Power that is communicating with his people what to expect. Prophecies for the Christian tell the nature of the times in which Jesus was, is and will be.

If you are encouraged by the **WorldwideThreat.com** please consider visiting <u>www.LiveInThePresence.com</u>. We produced a video series called **Living in the Presence**. These shows were produced in different places in the world and primarily show how people in difficult and life-threatening situations live a life of peace and prosperity in many ways.



TOPIC 7: PEACE & SPIRITUAL LIVING

To be part of the <u>Worldwide Threat Family</u> is to understand how to be prepared for the threats. Part of the that preparation is to do your part to support the local storehouse that helps people in need, otherwise known as the local church. Both Jews and Christians know the importance of this principal from the example of Joseph in the Old Testament storing up goods in the storehouse. If you do your part to support your local church, God promises to protect the remainder of your supplies in Malachi 3:10-18. That should give you some peace as well.

If you are not walking in peace, we can help you by introducing you to Jesus and giving you free information that will help. We welcome you to contact us by phone 888-391-0354, email at info@theworldwidethreat.com or text at 828-330-4883 and we will be glad to discuss all of this.

We hope to see you next Thursday for latest instalment of the Worldwide Threat. Until then, we will leave you with one last thought.

Jesus says in John 14:1-3, 27-28;



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Jesus is the way to the Father

14 Jesus said to his disciples, 'Do not be sad or afraid. Believe in God, and also believe in me. 2 There are many rooms in my Father's house. I will go now so that I can prepare a place for you there. If it was not true, I would not have told you this. 3 After I have prepared a place for you, I will return. Then I will take you so that you will be with me. You will be where I am...27 I will go away but I will give you a gift of peace. It is mine to give and yours to keep. It is not like a gift that this world gives. Do not let yourselves be sad. Do not be afraid. 28 You heard me say to you, "I will go away, but I will return to you." (EEV)

Disclaimer: The ideas and suggestions in these guides are not meant to provide professional advice. We suggest you communicate with professionals in all areas to design and prepare for any threats you or your family may face. These guides and information is provided free for you to share with friends and family but may not be copied or used for commercial or business use without our written permission.

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