

CLIMATE CONTROL SURVIVAL ACTION GUIDE

Vision: Our vision is to provide a weekly, step-by-step guide to help people prepare before a given threat becomes a reality. We encourage you to print and keep a collection of these weekly guides and website information. We also suggest you keep your collection in a notebook in case there is a loss of the internet and power at the very time you need these guides.

We believe as you consider these guidelines and prepare, you will gain the knowledge and skills to adapt to the anticipated threats. These guides may not address every contingency but, being prepared for threats and disasters in general helps individuals gain the peace of mind that they have done what they can do to enhance their chances for safety, survival, and the well-being of their communities. This resource and comprehensive approach fosters resilience and prosperity in challenging times when many others may be caught off guard.

EXPERT: RICHARD H. SCHWARTZ, PH.D.

Our expert is Richard H. Schwartz, Ph.D. Professor Emeritus, College of Staten Island and current resident of Israel.

Author of *Vegan Revolution: Saving Our World, Revitalizing Judaism; Judaism and Vegetarianism; Judaism and Global Survival; Mathematics and Global Survival; and Who Stole My Religion? Revitalizing Judaism and Applying Jewish Values to Help Heal Our Imperiled Planet;* and over 300 articles at Jewish-Vegan.org.

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President Emeritus of Jewish Veg, now, Center for Jewish Food Ethics (JewishFoodEthics.org); President, Society of Ethical and Religious Vegetarians, Associate producer of A SACRED DUTY. Member of Jewish Vegan Life Executive Council (jewishveganlife.org)

For over four decades, Richard Schwartz has engaged with two ethically rich ways of living that, as he charts in this book, he came to appreciate in middle age: Judaism and veganism. Having been born into a secular Jewish family, it was his marriage and an increasing commitment to social justice that propelled him to study and rediscover the essence of his Jewish faith. That sense of social justice further raised his awareness of the environmental movement, and, ultimately, to animal rights and veganism.

Richard will share about his take climate threats in his book titled “Vegan Revolution: Saving Our World” on Amazon.com (https://www.amazon.com/s?k=vegan+revolution+richardschwartz&crd=26PQIINBCCZQX&srefix=vegan+revolution+richardschwartz%2Caps%2C97&ref=nb_sb_nos).



CLIMATE ISSUES FROM A VEGAN PERSPECTIVE

Topic One

Climate issues are some of the most pressing challenges facing the planet today, and they encompass a range of environmental problems including global warming, extreme weather events, rising sea levels, and biodiversity loss. The primary driver of these issues is the increase in greenhouse gas emissions, largely due to human activities such as fossil fuel combustion, deforestation, and industrial agriculture.

From a vegan perspective, the impact of animal agriculture on climate change is significant. Livestock farming is responsible for a large percentage of global greenhouse gas emissions, particularly methane and nitrous oxide, which are far more potent than carbon dioxide. The production of meat and dairy not only contributes to climate change but also leads to deforestation, as forests are cleared to create pastureland and grow feed crops. This deforestation further exacerbates climate issues by reducing the number of trees that can absorb carbon dioxide from the atmosphere.

Additionally, the water usage in animal agriculture is immense, and this contributes to water scarcity in many regions. The vegan perspective advocates for a plant-based diet as a more sustainable alternative, emphasizing that shifting away from animal products can significantly reduce one's carbon footprint and conserve natural resources. By choosing vegan options, individuals can help mitigate climate change, protect ecosystems, and promote a more sustainable food system that benefits both people and the planet.



CLIMATE ISSUES FROM A VEGAN PERSPECTIVE

Topic Two

Climate change is a critical global challenge that affects all living beings on our planet. This guide aims to provide an overview of climate issues, their implications, and how adopting a vegan lifestyle can contribute positively to mitigating these challenges.

Global Warming - Definition: An increase in Earth's average surface temperature due to human-made greenhouse gas emissions. - **Causes:** Fossil fuel combustion, deforestation, industrial processes, agriculture and natural causes.

Extreme Weather Events - Examples: Hurricanes, floods, droughts, and heatwaves are becoming more frequent and severe.

Impact - These events lead to loss of life, displacement of communities, and economic instability.

Rising Sea Levels - Causes: Melting polar ice caps and glaciers, along with thermal expansion of seawater.

Consequences: Coastal flooding, loss of habitat, and increased salinity in freshwater sources. **Biodiversity Loss - Definition:** The decline in the variety of life on Earth, which is critical for ecosystem balance.

DISPUTED Causes: Habitat destruction, pollution, climate change, and invasive species.



THE ROLE OF ANIMAL AGRICULTURE

Topic Three

Greenhouse Gas Emissions - Contribution: Animal agriculture accounts for approximately 14.5% of global greenhouse gas emissions, primarily methane from enteric fermentation and nitrous oxide from manure management.

Deforestation - Impact: Forests are often cleared for grazing land and to grow animal feed, which contributes to habitat loss and decreased carbon sequestration.

Water Usage - Statistics: Producing one pound of beef requires approximately 1,800 gallons of water, compared to 39 gallons for a pound of vegetables.

Consequences - Water scarcity in regions already struggling with limited freshwater resources.

Notes



EATING FROM A VEGAN PERSPECTIVE

Topic Four

Adopting a Plant-Based Diet - Benefits: Reducing meat and dairy consumption can significantly lower individual carbon footprints and resource usage.

Alternatives: Embrace whole foods like fruits, vegetables, grains, legumes, nuts, and seeds.

Supporting Sustainable Practices - Choose organic and local produce to minimize transportation emissions and support regenerative agricultural practices.

Advocate for plant-based options in restaurants and food systems.

Notes



RAISING AWARENESS

Topic Five

Engage in conversations about the impact of food choices on climate change. Share resources and information to educate others about the benefits of a vegan lifestyle.

Resource Intensity - Animal Agriculture requires significantly more land, water, and energy compared to vegetable farming. Raising animals for food involves growing feed crops, which adds another layer of resource consumption.

Vegetable Farming - Generally has a lower environmental footprint. Growing crops directly for human consumption is more efficient and sustainable, as it bypasses the resource-intensive process of raising animals.

Pollution - Animal Agriculture contributes to significant pollution through manure runoff, which can contaminate water supplies and lead to algal blooms, harming aquatic ecosystems.

Vegetable Farming - While it can also cause pollution through pesticide and fertilizer runoff, plant-based agriculture is generally less harmful when managed sustainably.



BIODIVERSITY

Topic Six

Animal Agriculture often leads to monoculture farming practices for feed crops and habitat destruction for grazing, resulting in decreased biodiversity.

Vegetable Farming encourages diverse planting practices and can promote biodiversity when crop rotation and polyculture methods are used.

Health Implications - High consumption of red and processed meats has been linked to various health issues, including heart disease and certain cancers.

Plant-Based Diets - Associated with numerous health benefits, including lower risks of chronic diseases, improved heart health, and better weight management.

Adopting a Plant-Based Diet - Benefits Reducing meat and dairy consumption can significantly lower individual carbon footprints and resource usage.

Alternatives - Embrace whole foods like fruits, vegetables, grains, legumes, nuts, and seeds.

Supporting Sustainable Practices - Choose organic and local produce to minimize transportation emissions and support regenerative agricultural practices.

Advocate for plant-based options in restaurants and food systems.



TAKING ACTION

Personal Changes - Commit to reducing or eliminating animal products from your diet. Explore new recipes and cooking methods that focus on plant-based ingredients.

Community Engagement - Join local vegan groups or environmental organizations to promote sustainable practices.

Participate in community gardens or food co-ops that emphasize local, plant-based food sources.

Advocacy - Support policies and initiatives that aim to reduce greenhouse gas emissions from animal agriculture. - Encourage businesses to adopt sustainable practices and offer more vegan options.

Conclusion

Understanding climate issues and their connection to animal agriculture is crucial in addressing the environmental challenges we face today. By adopting a vegan lifestyle, individuals can contribute to a more sustainable future, protect biodiversity, and promote ethical consumption practices. Every small change can lead to a significant impact on our planet's health.

Notes



PEACE & SPIRITUAL LIVING

Topic Seven

Peace could be very elusive during a worldwide threat because of the stress any individual threat would create in one's life. Let alone if these threats appear in clusters or simultaneously, as often is the case. Dealing with stress is very important during times of personal relationship problems, financial, health, and survival issues. Successful stress management and remaining clear headed could make the difference in your survival.

More than stress management, maintaining your peace during a disaster could prove to be more valuable than the gold you stored to barter with. Having peace can help your family, friends, and all of those around you that are in a critical situation to survive in an abundant way.

Peace is directly associated with spirituality. If you have not considered spirituality, now would be the time to develop it while we are in a relatively peaceful time. Seeking a Higher Power for peace makes sense since when so many things will be out of your control during a worldwide threat.

Believing Jews look to the God of Abraham, Isaac, and Jacob to bring them peace. Prophecies of the Messiah help the Jews focus on God as their victor and keeper. For Jews, their bible predicts the coming of the Messiah who will protect them and establish his forever kingdom.



PEACE & SPIRITUAL LIVING

Topic Seven

Those who know the Jesus of the Christian Bible will deal with stress completely differently than those who do not. There are several reasons for that. First, the bible is full of prophecies foretelling the birth and mission of Jesus to make peace between God and mankind in addition to his return to set up a kingdom of His peace. Jesus came and fulfilled the prophecies of his birth, death, and resurrection. Christians have a great deal of evidence that he will keep his promise to return and ultimately establish worldwide peace. The well-known Christmas prophecy hundreds of years before his birth in Isaiah 9:6 identified Jesus as the Prince of Peace. He offers that peace to you today if you but ask (John 14:27).

Prophecies are comforting and stress reducing because they come from a loving Higher Power that is communicating with his people what to expect.

Prophecies for the Christian tell the nature of the times in which Jesus was, is and will be.

If you are encouraged by the WorldwideThreat.com please consider visiting www.LiveInThePresence.com. We produced a video series called ***Living in the Presence***. These shows were produced in different places in the world and primarily show how people in difficult and life-threatening situations live a life of peace and prosperity in many ways.



PEACE & SPIRITUAL LIVING

Topic Seven

To be part of the Worldwide Threat Family is to understand how to be prepared for the threats. Part of that preparation is to do your part to support the local storehouse that helps people in need, otherwise known as the local church. Both Jews and Christians know the importance of this principal from the example of Joseph in the Old Testament storing up goods in the storehouse. If you do your part to support your local church, God promises to protect the remainder of your supplies in Malachi 3:10-18. That should give you some peace as well.

If you are not walking in peace, we can help you by introducing you to Jesus and giving you free information that will help. We welcome you to contact us by phone **888-391-0354**, email at info@theworldwidethreat.com or text at **828-330-4883** and we will be glad to discuss all of this.

We hope to see you next Thursday for latest instalment of the Worldwide Threat. Until then, we will leave you with one last thought.

Jesus says in John 14:1-3, 27-28;

Jesus is the way to the Father

14 Jesus said to his disciples, ‘Do not be sad or afraid. Believe in God, and also believe in me. 2 There are many rooms in my Father's house. I will go now so that I can prepare a place for you there. If it was not true, I would not have told you this. 3 After I have prepared a place for you, I will return. Then I will take you so that you will be with me. You will be where I am...27 I will go away but I will give you a gift of peace. It is mine to give and yours to keep. It is not like a gift that this world gives. Do not let yourselves be sad. Do not be afraid. 28 You heard me say to you, “I will go away, but I will return to you.” (EEV)

Disclaimer: The ideas and suggestions in these guides are not meant to provide professional advice. We suggest you communicate with professionals in all areas to design and prepare for any threats you or your family may face. These guides and information is provided free for you to share with friends and family but may not be copied or used for commercial or business use without our written permission.

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